



NAYA FINANCIAL WELLNESS



The Financial Wellness class is conducted in a non-judgmental, helpful and confidential manner. No matter your age, educational background or financial situation the Financial Wellness class is here to help you realize your goals and calm your financial stress.

2019 SATURDAY CLASS

Enroll in the one day Saturday class from 9am - 5pm
January 12, 2019



Bring Peace of Mind Back to Your Life by Learning to:

- Understand financial statements
- Create a realistic budget to live on
- Make adjustments in your spending to save money
- Check your credit and understand credit challenges
- Calculate interest & charges on car/house/education loans

CLASS RESERVATION IS NECESSARY
TO REGISTER EMAIL CECELIAL@NAYAPDX.ORG

Contact: Cecelia E. Lente, IDA Coordinator | NAYA Family Center | 5135 NE Columbia Blvd. | Portland, OR 97218 | 503-288-8177 x351

The NAYA Family Center, in accordance with the Americans with Disabilities Act (ADA) of 1990, will provide reasonable accommodations for participants with disabilities (e.g. attention, health, hearing, learning, mobility, physical, psychiatric or vision). If you require special assistance, please contact our IDA Coordinator, Cecelia Lente two weeks in advance.